

# “THEREFORE” . . . EPHESIANS CHS. 4-6

**EPHESIANS 4:1-3** “Therefore I, the prisoner of the Lord, implore you to walk in a manner worthy of the calling with which you have been called, with all humility and gentleness, with patience, showing tolerance for one another in love, being diligent to preserve the unity of the Spirit in the bond of peace.”

**EPHESIANS 4:17-24** “So this I say, therefore, and affirm together with the Lord, that you walk no longer just as the Gentiles also walk, in the futility of their mind, being darkened in their understanding, excluded from the life of God because of the ignorance that is in them, because of the hardness of their heart; and they, having become callous, have given themselves over to sensuality for the practice of every kind of impurity with greediness. But you did not learn Christ in this way, if indeed you have heard Him and have been taught in Him, just as truth is in Jesus, that, in reference to your former manner of life, you lay aside the old self, which is being corrupted in accordance with the lusts of deceit, and that you be renewed in the spirit of your mind, and put on the new self, which in the likeness of God has been created in righteousness and holiness of the truth.

**EPHESIANS 4:25-27** “Therefore, laying aside falsehood, **SPEAK TRUTH EACH ONE of you WITH HIS NEIGHBOR**, for we are members of one another. **BE ANGRY, AND yet DO NOT SIN**; do not let the sun go down on your anger”

**EPHESIANS 5:1-2** “Therefore be imitators of God, as beloved children; and walk in love, just as Christ also loved you and gave Himself up for us, an offering and a sacrifice to God as a fragrant aroma.”

**EPHESIANS 5:7-8** “Therefore do not be partakers with the sons of disobedience; for you were formerly darkness, but now you are Light in the Lord; walk as children of Light (*for the fruit of the Light consists in all goodness and righteousness and truth*), trying to learn what is pleasing to the Lord.”

**EPHESIANS 5:15-16** “Therefore be careful how you walk, not as unwise men but as wise, making the most of your time, because the days are evil.”

**EPHESIANS 6:13-17** “Therefore, take up the full armor of God, so that you will be able to resist in the evil day, and having done everything, to stand firm. Stand firm therefore, **HAVING GIRDED YOUR LOINS WITH TRUTH**, and **HAVING PUT ON THE BREASTPLATE OF RIGHTEOUSNESS**, and having shod **YOUR FEET WITH THE PREPARATION OF THE GOSPEL OF PEACE**; in addition to all, taking up the shield of faith with which you will be able to extinguish all the flaming arrows of the evil one. And take **THE HELMET OF SALVATION**, and the sword of the Spirit, which is the word of God.”