



**+** PLUS *Nothing*

*D*o not let anyone judge you by what you eat or drink, or with regard to a religious festival, a New Moon celebration or a Sabbath day. These are a shadow of the things that were to come; the reality, however, is found in Christ . . . Since you died with Christ to the basic principles of this world, why, as though you still belonged to it, do you submit to its rules: “Do not handle! Do not taste! Do not touch!” . . . These are based on human commands and teachings. Such regulations indeed have an appearance of wisdom . . . but they lack any value in restraining sensual indulgence.

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COLOSSIANS 2:16-23



WEEK SEVEN: COLOSSIANS 2:16-23  
*by Steve Sommerlot*

Just how free are we in Christ?

**Where do you struggle in areas of performance (trying to measure up) for God?**

How should a “strong” Christian relate to a “weak” Christian?

